

CYSA Recreational Soccer – Rules Summary

Rules	U6	U8	U11	U14	U19
Game Duration	4 quarters / 10 minutes	4 quarters / 12 minutes	2 halves / 25 minutes	2 halves / 25 minutes	2 halves / 25 minutes
Game Breaks	2 minutes between periods	2 minutes between periods	5 minutes	5 minutes	5 minutes
Number of Total Players <i>(Minimum Players Required to Play Game)</i>	4 versus 4 (3)	5 versus 5 (4)	7 versus 7 (6)	7 versus 7 (6)	7 versus 7 (6)
Goal Keeper	No Goalie	Player may not play more than 1 half.	Player may not play more than 1 half	No playing time Limitation	No playing time limitation
Minimum Required Playing Time	50% of game May not play entire game until all players have been offered to play 3 quarters	50% of game May not play entire game until all players have been offered to play 3 quarters	50% of game	50% of game	50% of game
On Field Coaching	Allowed in first 4 weeks	None	None	None	None
Game Restarts	All infractions are played as indirect kicks. Indirect kicks are played outside the penalty area	All infractions are played as indirect kicks. Indirect kicks are played outside the penalty area	FIFA No slide tackling...indirect free kick if outside penalty area.	FIFA No slide tackling...indirect free kick if outside penalty area.	FIFA Indirect free kick if outside penalty area.
Goal / Corner Kicks	Corner kicks are indirect. Goal kicks are indirect.	Corner kicks are indirect. Goal kicks are indirect.	Defending team will remain on their half of the field until the ball is touched by offensive team.	FIFA	FIFA
Restart After Goal	Indirect kick taken within 3 yards of goal. Defending team will remain on their half of the field until the ball crosses the midline	Indirect kick taken within 3 yards of goal. Defending team will remain on their half of the field until the ball crosses the midline	FIFA	FIFA	FIFA
Throw-ins	No throw in Indirect "Kick-in" from touch line	No throw in Indirect "Kick-in" from touch line	Throw-ins	Throw-ins	Throw-ins
Offsides	None	None	None	FIFA	FIFA
Punts	None	None	FIFA	FIFA	FIFA
Substitutions	Unlimited and on the fly	Unlimited and on the fly	Unlimited Between periods; at kick-ins; on either goal kick; after a goal; for an injured player replaced	Unlimited Between periods; at kick-ins; on either goal kick; after a goal; for an injured player replaced	Unlimited Between periods; at kick-ins; on either goal kick; after a goal; for an injured player replaced
Headings	Not allowed.	Not allowed.	Not allowed. Restart is indirect free kick.	Allowed.	Allowed.